

Creamy Spinach Soup (Raw)

This is an easy soup that is very satisfying!

2 servings

1 1/2 water
2 Tb full fat coconut milk
1 Tb apple cider vinegar
2 cups tightly packed spinach
1/2 avocado
1 stalk celery
1 1/2 tsp cumin
1/4 tsp cayenne
1 clove garlic, chopped
1/4 tsp Celtic Sea Salt

- Blend all ingredients in a blender until smooth.
- Taste to adjust seasonings.