

## Miso Cilantro Dressing

Yield: 2 cups

4 tablespoons yellow miso  
1 tablespoon Dijon mustard  
2 cups cilantro leaves, loosely chopped  
1/4 cup parsley leaves, loosely chopped  
1/4 cup apple cider vinegar  
2 Tb chopped shallots  
3/4 cup filtered water  
2/3 cup extra virgin olive oil

- Place all ingredients except the olive oil in a high-speed blender and blend until smooth.
- While the blender is running pour in the olive oil, slowly in a stream.