

Green Goddess Dressing

(adapted from Oh She Glows)

Yield: $\frac{3}{4}$ cup

$\frac{1}{2}$ cup packed avocado flesh (1 small)

1 garlic clove, minced

3 Tb water

2 Tb apple cider vinegar

2 Tb fresh lemon juice, to taste

2 Tb extra virgin olive oil

$\frac{1}{4}$ cup packed fresh basil leaves

$\frac{1}{4}$ cup packed fresh parsley

$\frac{1}{4}$ tsp Celtic sea salt

Pinch of cayenne (optional)

Stevia to taste 2-4 drops

- In a food processor, add avocado, garlic, water, herbs and onion.
- Process until smooth.
- Add in the lemon juice, apple cider vinegar and salt.
- Process to mix. Add more lemon or salt to taste.
- Store in an air tight container or jar in the fridge. Keeps for about 5 days.