

Watercress & Avocado Salad

2 servings

1 bunch watercress, 4 cups (thin stems and leaves only)

½ avocado, cut into ½" cubes

1 tomato, cut into ½" cubes

2 Tb umiboshi vinegar*

3 Tb olive oil

Mix together the watercress, avocado and tomato

Mix vinegar and oil together in a small bowl.

Pour dressing over the salad. Toss gently

Serve immediately.

*The umiboshi vinegar is salty so you probably don't need to add additional salt. Taste and add salt if needed