

Chocolate Hemp Maca Energy Balls

28 little balls

These little balls are will fill you up and give you energy. The protein and fat in the walnuts and hemp balance out the sweetness from the dates. The magnesium in the cacao improves your mood and the maca gives you energy. Can be made without the maca if you don't have it.

¼ cup walnuts
½ cup hemp seeds
¼ cup shredded coconut
pinch of Celtic sea salt
½ cup chopped Medjool dates (6-8)
3 Tb raw cacao powder
2 Tb melted coconut oil
3 Tb maca powder
½ tsp vanilla
¼ cup hemp seeds or coconut

- In a food processor, process the walnuts, ½ cup hemp seeds, coconut and a pinch of sea salt until fine.
- Add the dates, cacao, coconut oil, maca and vanilla.
- Process until the mixture holds together well
- Scoop out a rounded teaspoon of the dough then roll in your palm to form a ball. Roll in hemp seeds or coconut.
- Repeat to use up all the dough. You will get about 28 little balls.
- Store in the refrigerator for up to a week or freeze for up to 2 month