



Dandy Hazelnut Latte

[Dandy Blend](#) is a great coffee replacement. It contains over 50 trace minerals in each cup, most of which the body uses to help synthesize compounds needed in metabolism. Dandelion root is what makes Dandy Blend unique. It is the only instant coffee alternative in the United States that contains dandelion root. Dandelion is a valued vegetable and highly respected herbal medicine. It is one of the top six herbs in the Chinese medicine chest. If you want to give up coffee Dandy Blend is by far the easiest way to do that AND still continue enjoying the flavor and texture of a good "cuppa joe" at the same time.

1 grande serving

1 Tb Dandy blend

1 ¼ cup boiling water

1/3 cup hazelnut milk*

8-10 drops liquid stevia

- Put dandy blend into a large mug

- Bring water to a boil and pour into the mug. Mix
- In a separate small saucepan heat the hazelnut milk
- Using a [hand held milk frother](#), process the milk until frothy
- Pour into the mug.
- Top with cinnamon.

*Note can be made with almond milk, hemp milk or organic whole milk but you won't get the hazelnut flavor.